

THEMES OF COURSEWORK ON TMPE FOR 4TH YEAR BACHELORS  
IN 2021-2022 ACADEMIC YAER

1. Development of schoolchildren's ability to control movements in physical education lessons.
2. Formation of the personality of schoolchildren in physical education lessons.
3. General characteristics of endurance and methods of its development.
4. Peculiarities of strength development in younger schoolchildren.
5. Physical education of children in the family.
6. Cultivation of sustained interest in physical education classes among schoolchildren
7. Study of the level of physical development and motor readiness of students of different ages.
8. Sports competitions, their classification and basic requirements for organization and conduct
9. The educational value of the physical culture team at school.
10. The game method as the main means of teaching motor actions and creating an emotional climate and fostering persistent interest in physical education in children of primary school age
11. Development of motor skills at sectional judo classes.
12. Methodology for planning work on physical culture at school.
13. Characterization of the means of physical education as a complete system of pedagogical influence.
14. General characteristics of sports selection and sports orientation.
15. Methods of teaching physical education in higher educational institutions.
16. Prevention of colds in preschoolers by means of physical education
17. Use of innovative technologies in physical education lessons at school
18. Use of mobile games and relays in physical education lessons
19. Individual approach to students in physical education lessons.
20. Formation of motivation for physical education at school age
21. Peculiarities of material and technical provision of physical culture in secondary education institutions
22. Modern approaches to improving physical education in secondary education institutions
23. Development of strength abilities of high school students
24. Posture and its correction in the process of physical education of students
25. Prevention of the spread of bad habits among teenagers by means of physical education
26. Modern ideas about somatic health of younger schoolchildren
27. "Sports for all" as a means of socializing schoolchildren
28. Sports tourism as a component of physical culture
29. Organizational and methodical foundations of tourist trips and journeys
30. Development of tourism in the conditions of a modern school.
31. History of tourism in Ukraine.
32. Tourism and local history work in youth associations of Galicia.
33. Peculiarities of preparing and conducting tourist trips.
34. Classification of tourist routes and their features.
35. Sports orientation and its varieties.
36. Peculiarities of conducting competitions on hiking tourism equipment.
37. Peculiarities of conducting ski tourism equipment competitions.
38. Basic forms of tourism and local history work at school.
39. "Plast" activity in Subcarpathia in today's conditions.
40. Technological applications of hardening in healthy children in preschool educational institutions.
41. The influence of self-monitoring of physical condition on the motor activity of schoolchildren during the school year.
42. Program and normative basis of the system of physical education.

43. Systematization and characteristics of tests used to control the physical condition of schoolchildren.
44. Moral education in the process of physical education and sports.
45. The role of physical education in labor education of the younger generation.
46. Characteristics of the means of physical education and their features in relation to younger schoolchildren.
47. Peculiarities of strength development in younger schoolchildren.
48. Features of the development of flexibility in high school students.
49. Features of the development of dexterity in middle school students.
50. Development of endurance in students of junior grades.
51. Development of speed in senior schoolchildren.
52. Physical education of children in the family.
53. Physical culture of preschool children.
54. Physical culture of younger schoolchildren.
55. Physical culture in extended day groups
56. Physical culture in the new Ukrainian school
57. Forms and means of increasing the motor activity of children of different school ages in FC lessons
58. Forms of physical culture during the school day.
59. Formation of the health culture of children of high school age.
60. Formation of leadership abilities and skills of schoolchildren in FC lessons.
61. Formation of motivation for physical education in preschool children
62. Formation of the personality of a junior high school student in the process of physical education.
63. Formation of needs for FC classes among schoolchildren of different ages.
64. Formation of ideas about a healthy lifestyle in older preschoolers by means of physical culture.
65. Solving educational tasks in physical education lessons.
66. Patriotic education of students in physical education lessons.
67. Development of motor skills at physical education lessons in gymnastics.
68. Planning and control in physical education.
69. Innovative directions in the system of physical education of preschool children.
70. Formation of knowledge in physical education lessons among primary school students.
71. Formation of motivation for physical education in preschool children.
72. Formation of the personality of a junior high school student in the process of physical education.
73. Formation of schoolchildren's sports interests at FC lessons.
74. Formation of a child's physical and psychological health through play.

#### THEMES OF COURSEWORK ON NATURAL AND SCIENTIFIC DISCIPLINES FOR 2<sup>nd</sup> YEAR BACHELORS IN 2021-2022 ACADEMIC YAER

1. Age dynamics of physical capacity of schoolchildren
2. Sensitive periods of endurance development in schoolchildren and load dosage
3. Functional state of the body in young volleyball players
4. Sensitive periods of muscle strength development in schoolchildren and dosage of physical exertion
5. Formation of posture in children of primary school age
6. Ways to increase the physical performance of schoolchildren during physical education classes
7. Development of physical qualities in young male volleyball players
8. Biorhythmological principles of working capacity of schoolchildren
9. Morphofunctional state of the body of schoolchildren with different types of physique and load dosage
10. Motor activity and functional state of the body of schoolchildren
11. Hypokinesia in schoolchildren: causes, consequences, ways of prevention

12. Somatic health of schoolchildren and factors determining it
13. Methods of assessing the physical development of schoolchildren
14. Correction of somatic health of high school students by means of physical culture
15. Functional state of the respiratory system in schoolchildren with different levels of motor activity
16. Functional state of the cardiovascular system in schoolchildren with different levels of motor activity
17. Dosage of physical activity for children with different levels of physical development
18. Methods of testing the physical capacity of schoolchildren.
19. Sensitive periods of development of physical qualities of schoolchildren.
20. Physical development and health of schoolchildren.
21. Physiological and hygienic substantiation of dosage of aerobic exercise in children 11-16 years old
22. Modern approaches to the development of functional reserves of the body of students aged 6-10 years
23. Age characteristics of muscle strength
24. Development of functional reserves of the cardiorespiratory system in the conditions of the middle mountains
25. Psychophysiological features of the personality and physical loads of different directions in children
26. Maximum oxygen consumption as an indicator of health reserves and endurance of schoolchildren
27. Criteria for evaluating the healthy lifestyle of children and adolescents The influence of breathing exercises on the development of functional reserves of the children's body