

BACHELOR CURRICULUM IN 2021/2022 ACADEMIC YEAR

FIRST YEAR

First Semester

Course Code	Course Name	TOTAL hours	Lectures (hours)	Lab (Sem) (hours)	ECTS
OK1	HISTORY OF UKRAINE	90	14	16	3.0
OK6	HISTORY OF PHYSICAL CULTURE	90	18	26	3.0
OK7	HUMAN ANATOMY AND SPORTS MORPHOLOGY	180	30	44	6.0
OK8	THEORY AND METHODS OF TEACHING GYMNASTICS, RHYTHMIC, CHOREOGRAPHY AND CHEERLEADING 1	180	16	44	6.0
OK9	THEORY AND METHODS OF TEACHING SWIMMING	90	8	22	3.0
OK10	THEORY AND METHODS OF TEACHING TRACK-AND-FIELD 1	90	8	22	3.0
OK11	THEORY AND TEACHING METHODS OF GAMES 1	90	8	22	3.0
	ELECTIVE COURSES	90			3.0
TOTAL		900			30

Second Semester

Course Code	Course Name	TOTAL hours	Lectures (hours)	Lab (Sem) (hours)	ECTS
OK2	HISTORY OF UKRAINIAN CULTURE	90	12	18	3.0
OK4	FOREIGN LANGUAGE1	90	–	30	3.0
OK8	THEORY AND METHODS OF TEACHING GYMNASTICS, RHYTHMIC, CHOREOGRAPHY AND CHEERLEADING 2	90	8	22	3.0
OK10	THEORY AND METHODS OF TEACHING TRACK-AND-FIELD 2	90	8	22	3.0
OK11	THEORY AND TEACHING METHODS OF GAMES 2	90	8	32	3.0
OK12	BASICS OF ECOLOGY AND HYGIENE OF PHYSICAL EDUCATION	180	30	30	6.0
OK13	PSYCHOLOGY OF PHYSICAL EDUCATION WITH THE BASICS OF AGE PSYCHOLOGY	180	32	48	6.0
	ELECTIVE COURSES	90			3.0
TOTAL		900			30

SECOND YEAR

Third Semester

Course Code	Course Name	TOTAL hours	Lectures (hours)	Lab (Sem) (hours)	ECTS
OK3	UKRAINIAN LANGUAGE (PROFESSIONAL ORIENTATION)	90	2	28	3.0
OK4	FOREIGN LANGUAGE2	180		60	6.0
OK11	THEORY AND TEACHING METHODS OF GAMES 3	90	8	30	3.0
OK14	HUMAN PHYSIOLOGY	180	30	30	6.0
OK15	SPORTS FACILITIES AND EQUIPMENT	90	16	28	3.0
OK16	METHODOLOGY OF HEALTH PHYSICAL CULTURE	90	16	28	3.0
	ELECTIVE COURSES	180			6.0
TOTAL		900			30

Forth Semester

Course Code	Course Name	TOTAL hours	Lectures (hours)	Lab (Sem) (hours)	ECTS
OK17	BIOCHEMISTRY	90	14	16	3.0
OK18	BIOMECHANICS	90	12	18	3.0
OK19	THEORY AND METHODS OF TEACHING WINTER SPORTS	90	8	36	3.0
OK20	PHYSIOLOGY OF PHYSICAL EDUCATION	180	32	48	6.0
OK21	PEDAGOGY OF PHYSICAL EDUCATION WITH THE BASICS OF DIDACTICS	180	32	48	6.0
OK22	AGE PHYSIOLOGY	90	16	28	3.0
OK36	COURSEWORK (CYCLE OF NATURAL SCIENCE COURSE)	90			3.0
	ELECTIVE COURSES	270			3.0
TOTAL		900			30

THIRD YEAR

Fifth Semester

Course Code	Course Name	TOTAL hours	Lectures (hours)	Lab (Sem) (hours)	ECTS
OK23	MANAGEMENT IN PHYSICAL CULTURE	90	16	28	3.0
OK26	THEORY AND METHODOLOGY OF PHYSICAL EDUCATION 1	270	44	60	9.0
OK34	COURSEWORK (PSYCHOLOGY AND PEDAGOGY OF PE)	90			3.0
	ELECTIVE COURSES	450			15.0
TOTAL		900			30

Sixth semester

Course Code	Course Name	TOTAL hours	Lectures (hours)	Lab (Sem) (hours)	ECTS
OK25	METHODOLOGY OF HEALTHRELATED SPORTS WORK	90	16	28	3.0
OK26	THEORY AND METHODOLOGY OF PHYSICAL EDUCATION 2	90	12	24	3.0
OK37	EDUCATIONAL PRACTICE (IN SECONDARY SCHOOL, HIGH SCHOOL OF I-II GRADES)	90			3.0
OK33	TEACHING PRACTICE IN SUMMER HEALTH CAMPS	180			6.0
	ELECTIVE COURSES	180			6.0
TOTAL		900			30

FORTH YEAR

Seventh Semester

Course Code	Course Name	TOTAL hours	Lectures (hours)	Lab (Sem) (hours)	ECTS
OK5	PHILOSOPHY	90	12	18	3.0
OK26	THEORY AND METHODOLOGY OF PHYSICAL EDUCATION 3	90	24	30	3.0
OK27	PEDAGOGICAL SKILLS OF A PHYSICAL EDUCATION TEACHER	180	30	30	6.0
OK28	ADAPTIVE PHYSICAL EDUCATION AND TEACHING METHODS	90	16	28	3.0
OK29	SPORTS METROLOGY AND MATHEMATICAL STATISTICS	90	16	28	3.0
OK35	COURSE WORK (THEORY AND METHODS OF PE)	90			3.0
	ELECTIVE COURSES	270			9.0
TOTAL		900			30

Eighth Semester

Course Code	Course Name	TOTAL hours	Lectures (hours)	Lab (Sem) (hours)	ECTS
OK30	METHODOLOGY OF PHYSICAL CULTURE IN SPECIAL MEDICAL GROUPS	90	12	18	3.0
OK31	OLYMPIC EDUCATION	180	12	28	6.0
OK32	METHODOLOGY OF TEACHING ATHLETICISM	90	8	22	3.0
OK38	TEACHING PRACTICE (IN SECONDARY SCHOOL, HIGH SCHOOL OF I-II GRADES)	270			9.0
	ELECTIVE COURSES	180			6.0
OK72	ATTESTATION	90			3.0
TOTAL		900			30