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Education:

- 2006-2007 – student at the Institute of Postgraduate and Pre-University Education, Vasyl Stefanyk Precarpathian National University, Qualification – “Practicing Psychologist”
- 2004-2007 – post-graduate student at Vasyl Stefanyk Precarpathian National University, Specialty 24.00.02 – Physical Training, Physical Education of Various Groups of Population
- 1999-2003 – student of the Faculty of Physical Education and Sports at Vasyl Stefanyk Precarpathian University, Specialty – “Pedagogy and Methods of Secondary Education. Physical Culture”
- 1996-1999 – student of the Ivano-Frankivsk College of Physical Training, Specialty – “Physical Training”

Scientific Degrees:

- Associate Professor of the Department of Theory and Methods of Physical Training and Sports, Diploma, 2011
- PhD in Psychology, 2008, Ivano-Frankivsk, Ukraine (thesis “Psychological Features of Training of Judoists on the Initial Stage of Their Activity”; Principal Supervisor – Oleksandr Ya. Fotuyma, PhD,

Associate Professor of the Department of Theory and Methods of Physical Training and Sports)

- Master of Pedagogy (with Honors), Vasyl Stefanyk Precarpathian University, 2002, Qualification – “Physical Culture Instructor”
- Bachelor of Pedagogy (with Honors), Vasyl Stefanyk Precarpathian University, 2001, Qualification – “Bachelor of Pedagogical Education (Physical Culture)”

Employment:

September 2009 – present Associate Professor at the Department of Theory and Methods of Physical Training and Sports, Vasyl Stefanyk Precarpathian National University, Ivano-Frankivsk, Ukraine

September 2006 – August 2009 Instructor at the Department of Theory and Methods of Physical Training and Sports, Vasyl Stefanyk Precarpathian National University, Ivano-Frankivsk, Ukraine

May 2018 – present Sports psychologist of the national judo team of Ukraine, Kyiv, Ukraine

Research Interests:

The psychological support of sportsmen at different stages of their training
The psychological training techniques in sport activities
The formation of sportsmen’s motivation for great achievements
The problem of overcoming psychological obstacles in sport
The psychology of active tourism

Current Research:

The surmounting of motivational crises in sport with the help of psychological training techniques

Teaching:

Courses at Vasyl Stefanyk Precarpathian National University:

- “Psychology of Physical Training and Sports” for the 3th year students
- “World Resources of Sport Tourism” for the 5th year students
- “Tourist Resources of Active Tourism” for the 4th year students

Supervision:

The scientific supervisor of students’ diploma projects and master’s theses
The principal supervisor of 2 PhD students (finishing their theses now)

Administrative Job:

The Scientific Secretary of the Scientific and Technical Council of Vasyl Stefanyk Precarpathian National University (2011-present)

Vice-Dean of Scientific Research, Faculty of Physical Education and Sports, Vasyl Stefanyk Precarpathian National University, Ivano-Frankivsk, Ukraine (2009-2016)

Membership:

The Ukrainian Judo Federation, Referee (since 1996)

International Martial Arts and Combat Sports Scientific Society (since 2013)

Sports psychologist of the national judo team of Ukraine (since 2018)

The Ivano-Frankivsk Judo Federation, Director (since 2019)

Publications:

The number of published works – 34, including 30 articles and 4 manuals.

Main publications:

1) Myckan B., Kurylyuk S., Fotujma S. Psychics Qualities and the Role in the System of Psychological Training of Judoists // Rocznik naukowe. IDŌ Ruch dla kultury. – Rzeszów, 2006. – S. 248-252.

2) Kurylyuk S. Indywidualne neurodynamiczne właściwości judoków na etapie początkowego przygotowania // Rocznik naukowe. IDŌ Ruch dla kultury. – Rzeszów, 2008. – S. 56-60.

3) Kurylyuk S., Myckan B., Fotujma S. The Effectiveness of Psychological Training in the System of Young Judoists Preparation // Rocznik naukowe. IDŌ Ruch dla kultury. – Rzeszów, 2010. – S. 238-242.

4) Kuryliuk S.I. The Peculiarities of Judoists' Anxiety Revealing at on the Initial Stage of Their Training // The Selected Papers of the VIIIth International Scientific Conference. – Kharkiv, 2012 – P. 119-121.

5) Kuryliuk S.I. Tendencies in the Development of the Recreational and Health-Improving Activity in the Precarpathian Region // The Bulletin of Vasyl Stefanyk Precarpathian National University. Series: Physical Culture. – 2013. – № 18. – P. 303-333.

6) Курилюк С.І. Прояви синдрому емоційного вигорання дзюдоїсток в передзмагальний період. Міжнародна науково-практична конференція "Фізична культура, спорт та здоров'я". Харків. 2015. С. 50–51.

7) Kuryliuk S. Psychological support for young judoka. - Sport & Society/Sport si societate. 2016. Issue 1. P.89-96 Index Copernicus

8) Курилюк С.І. Теоретико-методологічні аспекти формування потреби до рухової активності учнів початкових класів // Науковий часопис НПУ ім. М. П. Драгоманова. Серія 15. 2015. Вип. 3К2 (57). С. 240–242.

9) Курилюк С.І. Формування культури спілкування майбутніх фахівців фізичного виховання / Професійна компетентність учителя фізичної культури: колективна монографія. Заг. ред. І. Ткачівської, Г. Презляти. Івано-Франківськ: Видавець Кушнір Г.М., 2017. Розділ 7. С. 322-380.

10) Serhii Kuryliuk The symptoms of female judoists' emotional burnout syndrome in the pre-competitive period / Scientific Review of Physical Culture, volume 5, issue 4, (2018). С.132-134. Index Copernicus

11) Курилюк С.І. Дослідження психологічних особливостей саморегуляції дзюдоїстів на початковому етапі підготовки. Єдиноборства. Харків. 2019.2/10. С. 31-38